

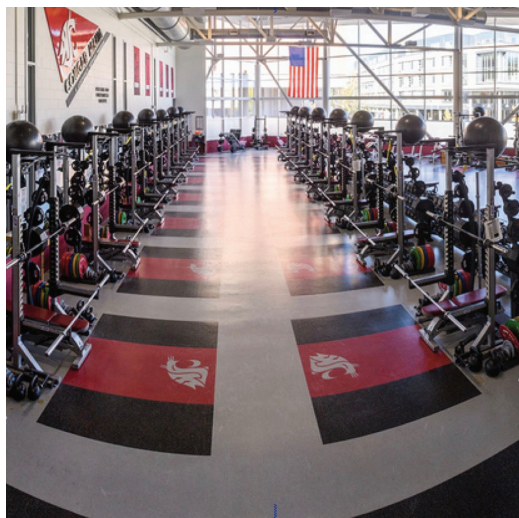


STRENGTH AND CONDITIONING MINOR

HANDS-ON

experience as intern with

WSU DIVISION 1 ATHLETES



LEARN

from Kinesiology faculty AND expert coaches from WSU Strength and Conditioning staff



ONLY

program in Washington State recognized by the NSCA for meeting the educational guidelines recommended for strength and conditioning professionals



400 HOURS

of internship offers graduates potential of being highly competitive for placement in collegiate and professional athletics

Professional

FOCUS

on the combined goal of peak performance and injury prevention



APPLY RESEARCH-BASED KNOWLEDGE TO CUTTING EDGE TRAINING METHODS

Former students have applied skills to a variety of professions that enhance human performance including physical therapy, chiropractic, tactical training, sport coaching, corporate wellness, and more

